

Unique to PowerCrank: all product now widely adjustable in crank length from 145mm to 182.5mm to allow each rider to experiment with this variable to help them find what is optimum for them. Optimizing crank length can result in large improvements in both power and aerodynamics. Shown are our M7 X-lite cranks. PowerCrank — all about optimizing the athlete.



Unique to PowerCrank. one spider fits 110, 130, and 135 BCD chain rings.

Tapered square (shown), ISIS, and Shimano V1 octalink adapters available

[www.powercranks.com](http://www.powercranks.com)

Levi Leipheimer says about **POWERCRANKS**:

“A great product and training tool for cyclists of all abilities”



Add

**SYNERGY**



to your training

This amazing product improves cycling technique and power while it reduces risk of injury - and much more. Just replace your cranks and do normal workouts.

**GUARANTEED!!!**

Check them out at the RAGBRAI® expo to get a special discount code

[www.powercranks.com](http://www.powercranks.com)