

DAY 5 THURSDAY'S ROUTE

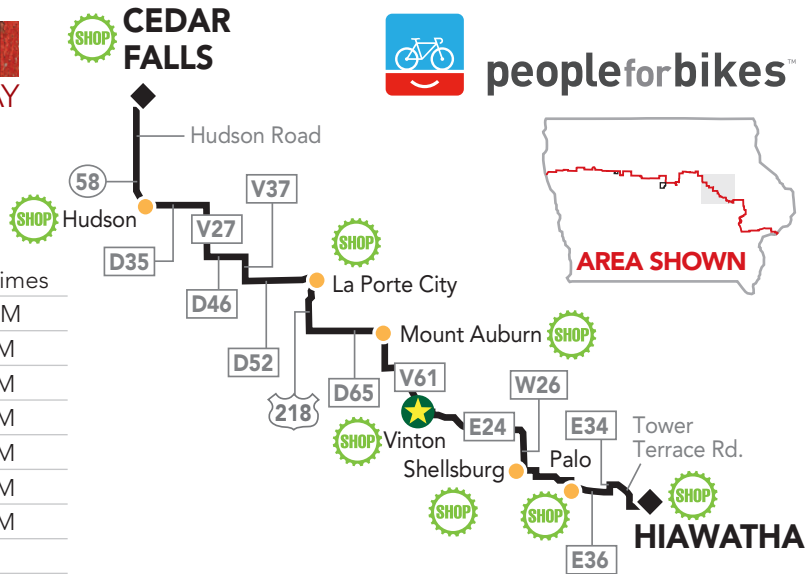
PEOPLE FOR BIKES DAY

CEDAR FALLS TO HIAWATHA
70.9 Miles - 2,377 Feet of Climb

ROUTE FOR JULY 23

	Miles	Service Times
Cedar Falls to Hudson	8.2	12:00 PM
Hudson to LaPorte City	19.9	2:00 PM
LaPorte City to Mount Auburn	10.0	3:00 PM
Mount Auburn to Vinton (Meeting)	8.3	3:30 PM
Vinton to Shellsburg	11.3	4:30 PM
Shellsburg to Palo	5.7	5:30 PM
Palo to Hiawatha	7.5	6:00 PM

THURSDAY'S TOTALS **70.9**



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