

BICYCLE

- Helmet
- Water bottles
- Bike pump
- Tools
- Bike computer
- Spare tube

BIKING GEAR

- Short-sleeve jerseys
- Long-sleeve jerseys
- Shorts
- Biking shoes
- Socks
- Gloves
- Sunglasses
- Cycling jacket
- Rain gear

CLOTHING

- Shorts
- Pants
- Socks
- Short-sleeve shirts
- Long-sleeve shirts
- Rain gear
- Shoes, sandals, shower shoes, and closed toe shoes
- Underwear

TOILETRIES

- Towel and wash cloth
- Shampoo and conditioner
- Toothbrush, toothpaste, and floss
- Sunscreen and chapstick
- Feminine hygiene products
- Medications: Ibuprofen, antacids, personal prescriptions, etc.
- Other: band aids, insect repellent, etc.
- Large bag or sack for dirty laundry, travel packet of detergent, gallon size ziploc bag for laundering, quart size ziploc bag for cell phone

CAMPING

- Tent and ground cloth
- Pain relievers and bandages
- Hand sanitizer
- Sunscreen
- Sleeping bag and pillow
- Flash light

OTHER

- Electronics
- Chargers and charging cord - devices
- Rechargeable battery bank & spare batteries
- Nuun or other electrolyte drink tablets
- Portable fan
- Extra cash
- Zip ties, duct tape, pen or marker
- Deck of cards